

Children & Young People's Services

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L7699/R0218 Climbing Trekking Watersports

ESSENTIAL INFORMATION FOR PARENTS & PUPILS

Emergency Telephone Numbers

Office: (08:30 - 17:00) - 01594 562444

All other times - 01594 562627 (Payphone in lobby)

Safety:

The Centre is licensed by The Adventurous Activities Licensing Authority (AALA) to provide specific activities under the following headings: trekking, climbing, watersports and caving. Our License Registration No. is L8527/R0218. Licence details can be confirmed by calling AALA on Tel. 029 2075 5715. Additionally we follow the Health & Safety Policies of Bristol CC. Before any pupil can take part in adventurous activities a parental consent form (DFC1) must be completed by parent / quardian.

Personal Clothing & Equipment:

Personal clothing will depend on time of year and type of activities to be undertaken. All specialist equipment will be provided by the Centre. Some pupils will have their own 'outdoor gear', which we will check for suitability, but the Centre can provide waterproofs and Wellington Boots for those without. Don't go and buy them specially! Please note that jeans and other 100% cotton trousers are unsuitable for outdoor activities. The following list is a guide for pupils and parents and is considered a minimum for a 5 day course at most times of year. Please label belongings wherever possible.

- Wellington Boots
- Waterproof cagoule and overtrousers
- } Both available
 } from the centre

- Thick walking socks
- 3 x Tracksuit bottoms / manmade fibre trousers (not jeans)
- 3 x Fleece top / Jumper / Sweat top / Hoody (all minimum 50% manmade fibre)
- Old trainers / wet shoes for canoeing
- Outdoor shoes / boots / trainers
- Hat & Gloves
- Sun cream, sun hat (April-Sept)

- Underclothes
- Night clothes
- Indoor shoes/slippers
- Toiletries and large towel
- Any required medication labelled (e.g. inhalers for asthma)
- Large plastic bag to take damp clothes home!
- Drink container: 500ml +

Money

We have a payphone and tuckshop on-site. The tuckshop is opened in the evenings by your own school staff, and has a range of drinks and snacks, souvenirs and gifts. Prices are kept low, and proceeds are used to buy additional equipment for the centre (eg: table-tennis table, games). If your child's activity programme includes any off-site visits there may be opportunities to visit other gift shops. We recommend pocket money of £8-£10 for a 5 day stay which should be in a clearly marked purse/wallet.

Post

If you wish to send your child any post during their stay, please send to: DFSC, Parkend, GLOS GL15 4JA

Clearly marked with your child's name and their SCHOOL'S NAME.

Mobile Phones

Please note that there is NO mobile phone reception at Parkend on any network.