



## UKSA 2019

### Kit List (in a bag not accessible during the journey)

*Wet suits, buoyancy aids etc will be provided*

2 swimming costumes (one wearing/one drying)  
T-shirts/rash vests to wear under the wet suits  
Wet suit shoes/old trainers (NOT CROCS for activities although they are fine around the site)  
Sun cream/block and after-sun.  
Sun glasses (on a strap if possible)  
Casual clothes for the evenings-please include jumpers/fleeces as it can get chilly  
Something for the disco  
Underwear  
Pyjamas  
Trainers (in addition to the ones mentioned above- to run around in)  
Waterproof jacket  
Toiletries (including shampoo, toothbrush and toothpaste!)  
2 towels  
Sun hat  
Re-usable water bottle  
2 large sturdy plastic 'bags for life' bag (available from supermarkets- to hold dry clothes when stored in the changing room, bring wet clothes back on Friday)  
Medicines- **to be handed to staff on the morning of departure.**

£5 maximum spending money, in £1 coins.

**Children always find it useful to have as many items as possible named.**

The children should not bring electronic gadgets nor mobile phones. In previous years children have brought cheap waterproof disposable cameras with them.

For the journey - the children will need to bring a **packed lunch** and drink with them on the day which we will eat on the ferry. It will need to be kept out of the suitcase/rucksack above in a day pack. A book/cards.