



UKSA 2018

Kit List (in a bag not accessible during the journey)

Wet suits, buoyancy aids etc will be provided

2 swimming costumes (one wearing/one drying)
T-shirts/rash vests to wear under the wet suits
Wet suit shoes/old trainers (NOT CROCS for activities although they are fine around the site)
Sun cream/block and after-sun.
Sun glasses (on a strap if possible)
Casual clothes for the evenings-please include jumpers/fleeces as it can get chilly
Something for the disco
Underwear
Pyjamas
Trainers (in addition to the ones mentioned above- to run around in)
Waterproof jacket
Toiletries (including shampoo, toothbrush and toothpaste!)
2 towels
Sun hat
Re-usable water bottle
2 large sturdy plastic 'bags for life' bag (available from supermarkets- to hold dry clothes when stored in the changing room, bring wet clothes back on Friday)
Medicines- **to be handed to staff on the morning of departure.**

£5 maximum spending money, in £1 coins.

Children always find it useful to have as many items as possible named.

The children should not bring electronic gadgets nor mobile phones. In previous years children have brought cheap waterproof disposable cameras with them.

For the journey - the children will need to bring a **packed lunch** and drink with them on the day which we will eat on the ferry. It will need to be kept out of the suitcase/rucksack above in a day pack. A book/cards.